# Key Available Data Sets & Resources (2025 Relevant)



Variable Category Typical Variables Included

Employee Demographics Age, gender, ethnicity, job role, income, tenure

Mental Health Indicators Self-reported symptoms, diagnosis, treatment status, program participation

Workplace Culture Surveyed stigma levels, psychological safety, manager support, openness

Program Usage Enrollment, frequency of use, type of service accessed (therapy, digital tools)

Productivity Outcomes Absenteeism days, presenteeism scales, turnover intentions

Organizational Features Industry sector, company size, region, program offerings

Time Dimension Dates of survey/intervention, longitudinal follow-ups

<https://www.nami.org/support-education/publications-reports/survey-reports/the-2025-nami-workplace-mental-health-poll/>

<https://www.nami.org/support-education/publications-reports/survey-reports/the-2025-nami-workplace-mental-health-poll/#key6>